



IPAN
INSTITUTE FOR PHYSICAL
ACTIVITY AND NUTRITION



Annual report 2017 summary

Our vision

Our Vision is to improve the health of all populations through physical activity and nutrition research excellence.

Our mission

Our Mission is to conduct high quality, multidisciplinary physical activity and nutrition research to actively inform policy and practice to improve health, and build capacity in the field.



Key health challenges

While life expectancy in Australia is increasing, far too many Australians still live with or are at increased risk of chronic disease and other health conditions.

From the laboratory through to research in the community, IPAN is focused on delivering evidence that can help address many of the critical health challenges facing our population, including:

- Cardiovascular disease
- Diabetes
- Musculoskeletal conditions
- Cancer
- Overweight and obesity
- Dementia
- Mental Health conditions

2017 Highlights

IPAN's first anniversary

Celebrations to mark our first year as a Deakin University Institute. Vice-Chancellor Professor Jane den Hollander (AO) spoke to IPAN staff and guests, along with IPAN Co-Directors Alfred Deakin Professors David Crawford and Jo Salmon. Special thanks to all who attended and contributed to our successful first year.

Researcher in residence

The development and piloting of a Researcher in Residence initiative in collaboration with the Heart Foundation Victoria. The program embedded IPAN researcher Dr Carley Grimes into the Heart Foundation office on a part-time basis to build common goals, enhance existing relationships and leverage opportunities for knowledge exchange.

2017 was a successful year with a number of staff and students receiving awards or prizes recognising their research quality, expertise, or scientific contributions. Examples include:

- Alfred Deakin Professors Kylie Ball, David Crawford and Jo Salmon received recognition for the third consecutive year honouring their top 1% global citation ranking in the Highly Cited Researchers List by Clarivate Analytics.
- Dr Karen Lamb (biostatistician) was honoured as one of 30 women named as an inaugural 'Superstar of STEM' in a prestigious national program promoting the achievements of women in science and technology.
- Alfred Deakin Professor Jo Salmon was awarded the title of 'Distinguished International Affiliate' of the Society for Health Psychology, Division 38 of the American Psychological Association. She was recognised for her 'unusual and outstanding' contributions to health psychology.
- Professor Mark Lawrence and Dr Julie Woods became Fellows of the Public Health Association of Australia (PHAA), in recognition of their significant contribution to PHAA and the field of public health.
- Alfred Deakin Professor Kylie Ball part of team awarded the Vice Chancellor's Award for Outstanding Contribution to Healthy Deakin.
- Associate Professor Sarah McNaughton awarded the Vice Chancellor's Award for Excellence in Research Supervision.
- Dr Carley Grimes awarded the Vice Chancellor's Early Career Researcher Award for Research Excellence.

IPAN: 2017 at a glance



71

ACADEMIC STAFF



60

PHD STUDENTS



11

PHD COMPLETIONS



\$4.3M

TOTAL EXTERNAL
INCOME*



815

TOTAL MEDIA HITS
FOR 2017



248

HARD COPY
PUBLICATIONS



2

BOOK CHAPTERS



50

ADVANCE ONLINE
PUBLICATIONS OR
E-PUB AHEAD OF
PRINT



10

NEW CATEGORY
1 PROJECTS/
FELLOWSHIPS
COMMENCED IN 2017



5

CATEGORY 1 PROJECTS/
FELLOWSHIPS
AWARDED IN 2017**

Developing the next generation of researchers

Investing in the next generation of researchers is a vital part not only of IPAN's future, but also for the continued prevention and reduction of chronic disease in Australia.

IPAN has a strong focus on Early and Mid-Career Researcher development to support our less experienced staff achieve success.

Key activities included formal mentoring, funding and award application reviews, and workshops on research career specific topics.

Research into practice – working with our stakeholders

Key stakeholders are integral to the way IPAN works. Our many long term collaborations with external organisations make an important contribution to our research success.

In 2017, IPAN staff undertook various projects for key stakeholders, including: Victorian Health Promotion Foundation (VicHealth), SecondBite, Eastern Health, and the Heart Foundation.

In addition, IPAN staff continued to be involved in advisory groups, committees and collaborative research projects, with a range of non-government organisations, and state and federal government.

With our thanks

Thank you to our staff and students who continually strive for research excellence. A very special thank you to our key stakeholders and collaborators for your support of our research. Through our continued efforts, together we will make a difference in the communities we serve.

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